



Our Mission - Teens Alone is on a mission to ensure that every teen and young adult is safely housed and working towards their educational and life goals.

2015 will be remembered as a "year of transition" for Teens Alone

This year, everything changed and nothing changed.

In 2015, we found ourselves faced with leaving our offices after having been in the space for 25 years. Packing, sorting, and cleaning our "home" made us nostalgic and deeply appreciative to have helped so many young adults over these years. We were extremely fortunate to find beautiful office space at the Eisenhower Community Center on Highway 7 in Hopkins, where we now reside in lively colors, wonderful meeting areas, and offices with windows!

Yet, nothing changed when it came to being part of a community that continually asks us, "How can we help?" We are loathe to allow its young people to be alone, frightened, hungry, homeless or with no access to supportive counseling and mental health services.

So, at the end of 2015, we are happily ensconced in our new home and have four vibrant programs that meet the needs of our young people and families:

- no-cost and barrier-free counseling
- homeless youth case management
- on-site Drop-in Center and
- a new ten unit scattered-site transitional living program for 18 – 24 year olds

As always, it has been our honor to serve this community and we commit to continue being good stewards of your gifts.

Thank you for your ongoing support.

Very sincerely,

Janet C. Evans
Board Chair

Lydia Kihm
Executive Director



Growth in 2015

“I used to couch hop and now I own one!”

We love this young client’s quote because it symbolizes the transformation a young adult can experience over time with the counseling and case management offered at Teens Alone. It takes hard work. The young person has to be committed to cope, adapt and sometimes even change. Our counselors and case managers offer lots of support along the way.

We help teens and young adults graduate from high school, learn to get along with their parents, cope with anxiety and depression, assert themselves when friends take part in unsafe and risky behaviors, write a resume and provide a safety net as they launch their independent lives in their first apartments.

Our work is serious. Young people should be nurtured and protected, but homelessness among our community’s young people is a growing problem.

Agency staff sought and achieved positive change in 2015

Launching and building new programs to meet the needs of homeless and at risk young people was a goal last year for Teens Alone directors and staff. Little did they know the agency would also need to find a new location to serve the young people who need their help. It was a busy year, but the counselors’ and case managers’ talents proved to include both those that qualify them for the rewarding work they do, and the flexibility to adapt to change. Lots of change in a short period of time.

Some Teens Alone clients are referred to us by their parents - people who want to figure out how to keep their families together and encourage their kids to stay in school. Other young people we serve need Teens Alone staff to be the adults who help them learn to navigate their world. Some of them come to us with shaking hands and broken hearts. We offer a safety net to help them steer through their situations and find them safe housing when it’s needed.

Our approach is hopeful. We believe in every young person’s potential and are very proud of our successful programs and our talented, resourceful staff. We focus on teens and young adults with confidence and without judgment.





The Most Often Mentioned Problems

- Communication issues
- Family conflict
- Peer relationships
- Depression
- Anxiety
- Self-esteem
- Failing grades

Our People

The Faces of Teens Alone

What do you think might be the common thread that describes the typical young person who benefits from Teens Alone services? It may surprise you to know that the defining theme among our youth receiving counseling is that they are striving to stay in school. Many are high-achieving students who take part in school activities. In most cases, school is a safe haven filled with supportive adults and our young people understand the importance of earning a high school diploma. It is also very common for trusted adults in these students' schools to be the people who refer them to Teens Alone.

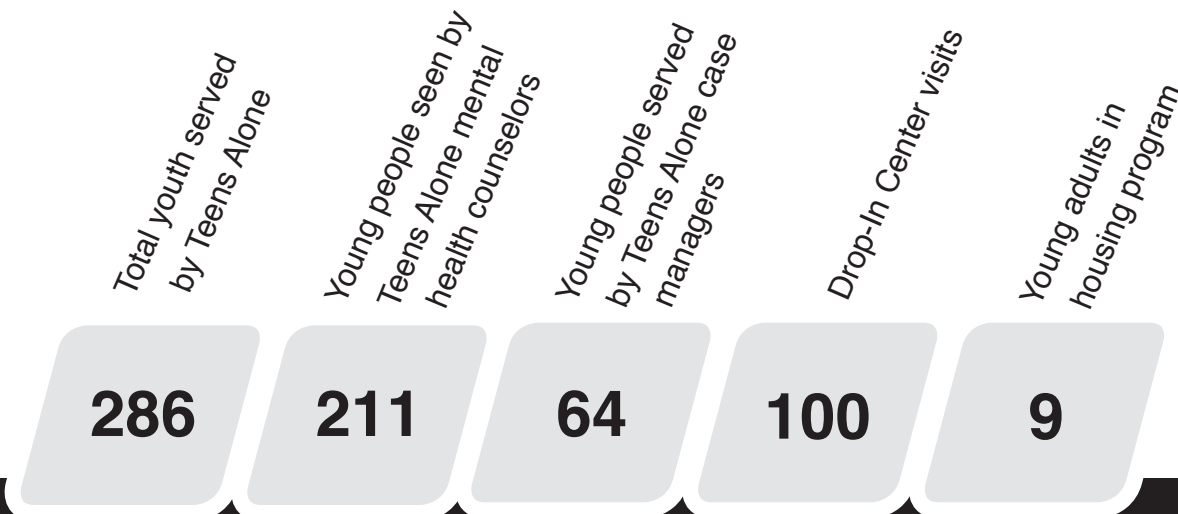
In addition to striving to stay in school, many of the youth we

serve work 20-30 hours per week. It's not easy to struggle with adult problems when you're a student in our affluent suburbs. In addition to work and school, these kids may be couch-hopping, sleeping in cars and missing meals, all while trying to "keep up appearances." Teens Alone kids want to stay close to their schools where they feel safe, knowing our staff will do everything we can to support them.

So, how best to describe the faces of Teens Alone? We are reminded on a daily basis that their need is great but, they are working very, very hard to overcome the challenges in their lives. They are students. They are hard workers. They are your neighbors.



Teens Alone kids aren't just numbers to us, but we did serve a lot of them in 2015:





Key plans and accomplishments:

We launched two new programs based upon community need.

While the bedrock goals of Teens Alone services are counseling and keeping kids with their families, the reality is that some young people are forced into early independence. Struggling against the odds, some young people are almost ready, but need support. We launched our Transitional Living Program (TLP) to serve them. We help 18-24 year olds find a safe place to lease and initially help them pay their rent. It's a rigorous program. To qualify, they must work at least 20 hours per week and show that they're prepared for the big steps of keeping house, managing a budget and being a good neighbor. Our case managers help them learn to manage the details and our counselors offer mental health support. As they become accustomed to their new living situation, they gradually assume more and more of their share of the rent until they're ready to pay it on their own. We started with eight apartments and hope to expand this program with the help of the TLP Council, comprised of the TLP renters, acting as our advisory board.

This year, we wanted to reach out to more young people with unstable housing who might be couch hopping, sleeping in cars or on the streets. Many Teens Alone clients are referred to us by school counselors. But many young adults who are over 18 aren't attending school. In addition to the need for outreach, our staff saw the need for a relaxed place that would provide a link to our case managers and counselors as well as help young people with immediate needs. Our answer is the new Drop-in Center (the first west-suburban site of its kind), a comfortable place for young people to visit and connect with Teens Alone services on weeknights. There's always a Teens Alone staff person available to help them with anything from finding a bed for the night to working on their resume.

A wrench was thrown into our plans, but it spurred positive change.

It was unsettling to learn in Spring, 2015 that our landlord leased our space to a more profitable tenant. We didn't love our space. The new Drop-in Center and most of the staff were located in the basement. A small agency split between two levels was less than ideal. Our counselors' and case managers' desks were all crowded into a small corner of the basement with no windows. But, for 25 years, it was the only "home" we'd ever had.

We found the perfect office space in an even better location. Teens Alone will move to the Eisenhower Community Center in Hopkins in Fall, 2015. Now the Drop-in Center will be on the same level right beside our offices. It will be even warmer and more inviting with natural light and private offices for our staff. The building's receptionist will greet our clients and volunteers. We will have access to many other building amenities.

Perhaps best of all, our rent situation will remain the same, thanks to the generosity of the Hopkins School District who agreed to maintain our "in-kind" relationship for leased space. Because it believes in our success rate in helping students stay in school, the district paid our rent on Main Street. When we are located in "Ike" - a school district building - the district will allow us to continue to serve young people in the new space at no cost.



Our Programs

Teens Alone has now served our community's teens and young adults for 25 years. We continue to believe in and employ our three pronged approach to serving young people: prevention, intervention and crisis services are all required to keep our area's students safely housed and help them graduate from high school.

Free, Confidential Teen and Family Counseling

We continued to provide barrier-free, no-cost counseling services, often responding to crisis calls and walk-ins.

School and Community Crisis Prevention Groups

Teens Alone coordinated and facilitated various group sessions in our area schools (e.g. anxiety, chemical health and Lesbian, Gay, Bisexual, Transgender and Questioning groups).

Case management

Our case managers helped young people navigate and manage the daunting world of early independence.

Housing Program

Our new Transitional Living Program helps prepare and launch young people for living on their own as they learn to manage a budget, take care of a home and be a good neighbor, with mental health support from Teens Alone counselors.

Drop-in Center

Our new Drop-in Center offers an outreach vehicle to find the young adults who will benefit from Teens Alone services and provides a place to connect with our staff and resources without an appointment.

Homeless Youth Advocacy

Most youth served by Teens Alone are ultimately safely housed. Within this group, the majority of teens under 18 end up staying with their families.

Community Capacity Building

Teens Alone continued to provide leadership in recruiting and developing housing options for homeless teens and emerging adults in our service area, including the Suburban Host Home Program.

2015 Teens Alone Client Profile

Young People Most Often Mentioned These Problems

Family conflict	140
Conflict with parents	126
Family communication	103
Anxiety	98
Depression	95
Potentially Homeless or homeless	69



Donors

Thank you to all our donors who funded quickly accessible, no-cost, barrier-free professional counseling and case management for young people and their families. Your contributions helped families stay together, helped keep kids in school and helped ensure that many teens in our suburbs are safely housed.

This list reflects donations received during the fiscal year ending June 30, 2015. If your donation or organization is missing from the list, please let us know by emailing Lydia Kihm at lydia@movefwdmn.org.

Individuals \$500+

Beckmann, Geraldine
Betcher, Randy
Bowman, Kathy & Bruce
Brewer, Dana
Connors, Tom
Drill-Mellum, Laurie & Ric
Frary Carlson, Heather
Glenn, Cecilia & Hazuka, Billy
Holmbeck, Al & Nancy
Israel, Mike & Landy, Laura Beth
Justus, Marti & Jim
Kampe, Doug & Deborah
Koch, James
Larson, Warren & Marilyn
Lennon, Becky & Tom
Loken, John
Mueller, Dick
Nye, Barbara & Ross, Robert
Parker, Jeff & Holly
Peppel, Jeanne & John
Pepper, Ann
Phillips, Susan & Bill
Renneke, Gary & Nancy
Rott, Roberta & Hanke, Larry
Scharenbroich, Sue & Mark
Schoen, Kathy
Stewart, Patrick
Tesarek, Susan
Thomson, Bernadette
Thorpe/Boulanger Families
Walker, Lisa

Weller, Patricia
Woods, Matt & Suzanne
Zanin, Cory & Buchberger, Tom

Individuals \$200-499

Anderson, Krista & David
Aspelund, Rebecca
Baimeedi, Praveen
Bell, Tracie & Becky
Black, Bonnie
Brinkman, Delana
Burrows, Harold & Renee
Clifton, Keri & Johnson, Nick
Coggin, Diana
Cree, Debra
Curb-Crowser, Tom & Tracie
Dattilo, Greg & Joan
Demers, Adam
Demers, Richard
Faltesek, Mary & Joe
Feder, Joel
Ferry, Mark
Flaherty, Judith
Fredrickson, Sam
Goldstein, Charlie & Liz
Grubb, Monica
Hallett-Pugh, Kaitlin
Hartman, Jean & Jim
Henning, Carolyn
Hill, Molly and Jeff
Hunt, Stanley
Jodock, Jan
Johnson, Beth
Jorenby, Clarice
Kawakami, Marc
Keenan, Peg & Kevin
Kihm, Lydia
Kleinman, Jane
Link, Kathy
Matzen, Annette
Miles, William & Sally
Minnick, Gretchen
Mullins, Mallory & Lueck, Martin
Neiss, Karen
Oman, Sherrill
Patterson, Dennis
Pease, Mary
Pointer, Bobbi & Todd
Ray, Sally
Ronnings, Ericka & Patrik
Sandvig, Linda & Steven
Schmidt, Cheryl
Sias, Terry
Spence, Tom & Fran
The Richards Family
Thomas, Jim & Brown, Dottie
Trekker, Kristin & Thomas
Urbanski, John & Jennifer
VanBatavia, Teresa

Wachowski, Julie &
Eakins, Rob
Walstrom, Michael &
Blevins, Kerrie
Wehrmann, Kari
Weisert, William
Weisman, Lisa
Zydowsky, Robin

Individuals \$101-199

Alm, Allen & Sharyl
Ashley, Lisa
Bahls, Dave & Carla
Baker, Dana
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Benson, John
Birno, Richard & Lisa
Black, Virginia & Richard
Borine, Sharon & Carl
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Bree Jorgenson, Lucia
Brown, Douglas & Jennifer
Brown, Seth
Budke, Megan & Tyler
Bue, Wes
Cade, Lori
Chamberlain, Sarah
Chisholm, Anne
Christenson, Joseph
Christopherson, Bettina
Colonnese, Robert
Comstock, Roland &
Cooper, Jane
Cook, Jeffrey
Corens, Ken & Maggie
Dahl, Linda
Denooyer, Colette
Domer, Paul
Dornbusch, Lory
Dwinell, Eric & Amanda
Edwards, Susan
Eisenberg, Jill & Jonathan
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Faster, Cecy
Ferguson, Ken & Roseanne
Fermanich, Ken & Cindy
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Johnson, Butch & Kraut, Billee
Johnson, Douglas G.
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Kuhn, Jon
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Lamphere, Jeff
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Lee, Kristin
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Leuer, Jim & Connie
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Maloney, Sherri
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Matzke, Brittani
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Merickel, Mary
Meyer, Carol
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Myklebust, Richard & Charlene
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Neiman, Scott
Nelson, Holly
Nelson, Thomas & Marla
Niska, Dylan
Noel, Tamara J.
O'Reilly, Patricia
Olson, Julie
Olson, Paul & Dockery, Laura
Osland, Terri



Pasko, Michele
Peterson, Thomas & Naomi
Pierre, Jean
Radde, Jacqueline
Rademacher, Richard & Nancy
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Reichel, Jeremy
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Roesner, Angie
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Schauer, Jonathan
Schmidt, Darrell & Mall, Julie
Schweers, John & Jackie
Seagren, Christina &
Dunnewind, Scott
Searl, Scott
Sharratt, Terry
Siguenza, Terri
Snow, Susan
Sorensen, Amy
Spalla, Dee
Spiteri, Paula
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Stapf, Terry & Lori
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Weist, Brian & Lynn
Whalen-Marx, Karen
Woodbeck, Ann & Dale
Wright, Patricia
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Allen, Stephanie
Almen, Tony & Marilyn
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Andrus, Patrick

Ascher, Allison
Austin, Brigid
Badger, Brenda
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Beckering, Mary
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Binnie, Peter
Bisanz, Chris
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Bjork, Sheryl
Blodgett, Connie
Bode, Amy
Boeder, Christie
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Bonsen, Stephanie
Borm, Gloria & Gerald
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Boyd, Jill
Bracke, Abigail
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Braun, Cathy
Breyer, Catherine
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Brothers, Steven B.
Brown, Amy
Bunnell, Marv
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Burnett, Michele
Calvert, Stacy
Campbell, Mary
Carlson, Doreen
Carlson-Green, Bonnie
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Christiansen, Elaine
Churchill, Laurie
Clifton, Steve & Kay
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Cossa, Susan
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Mackin, Bridget
Madson, Camilla
Madson, Nancy
Malberg, Patti
Malinosky, Char
Mandel, Joel & Peggy
Markuson, Jodi
Martin, Bruce & Mary Jo
Martin, Jane



Kvale, Tom
Labovitz, Mark
Langheinrich, Connie
Lawson, Trenton
Lazear, Wendy
Lechelt, Rayna
Legand, Paula
Leonard, Norma
Lerdall, Jane
Lines, Darlene
Lorenz, Lori
Lovagnini, Arden
Lovelock, Mary
Loyd, Karen
Ludovissie, Nancy
Lundin, Lizabeth
Lynskey, John & Barbara
Macdonald, Cathy
Mackin, Bridget
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Pedersen, Evonne & Jim
Pederson, Laura
Peterjohn, Sally
Phillips, Jane
Plevan, Andrea
Pogalz, Bev and Jack
Pollman, Barbara & Fred
Prem, William
Pryor, Timothy & Marilyn
Quall, Diane
Raasch, Suzanne
Rasmussen, Steven & Michelle
Reier, David & Sharon
Rethmeier, Joe
Richey, Kathryn
Roberts, Daniel
Roberts, Martha
Roehl, Thomas
Rookey, Margaret
Rossow, Kimberly
Rostad, Barbara
Roszell, Katherine
Ruemmele, Kathy
Salzer, Ann
Schaeffbauer, Rodger
Scheuer, Jim
Schlegel, Charles
Scholtz, Jane
Schuck, Ed & Judy
Schumi, Andrew
Schwartz, Tammy
Schwartz, Toni
Sehm, Jacy
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Serdar, Mary
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Sexton, Connie
Showalter-Hanson, Renee
Simcoe, Colleen
Sjogren, Andrea
Skarp, Michael
Slutsky, Bernard &
Zimmerman, Fran
Smisek, Allegra
Soderholm, Reidar
Sokoloski, Merideth
Sonderup, Mark
Stacken, Patricia
Stamson, Elizabeth
Stanley, Kalyn

Stanton, Abigail
Steinbicker, Mary & Bill
Strand, Doug
Stroebl, Janet
Stroinski, Gail & Craig
Strong, Luanne
Stumbras, Deb Loon & Jon
Sybrant, Jessica
Taylor, Elizabeth
Thaddies, James
Thibault, Rachel
Thies, MaryLee
Thompson, Heidie
Thompson-Burke, Joshua & Penny
Thorpe, Margaret
Thorson, Douglas & Christine
Tombers, Lynn
Tomczyk, Cheryl
Trevethan, Neil
Unruh, Patricia
Vogt, Nancy
Waldman, Bonnie
Wall, Douglas
Wall, Kay
Walters, Keith
Walton, Christiann
Weber, Mark & Roma
Weeden, Julie
Westcott Roper, Suzanne
Westmoreland, Barb
Westrum, James
Will, Jo Ann
Willar, Dawn
Winslow, Paul & Julie
Winter, Mary Ann
Winzenburg, Jean
Wisker, Anne
Wyffels, Rebecca
Yesnes, Linda & Forrest
Ziesel, Terrie

Schools

Eden Prairie Schools
Hopkins Schools
St. Louis Park Schools
Wayzata Schools

Government

City Of Eden Prairie
City of Minnetonka
City Of Plymouth
City Of St. Louis Park
Hennepin County Human Services,
MN Department Of Human
Services
MN Office Of Justice Programs

LCTS

Hennepin South Services Collab.
SCIP

Firms & Foundations

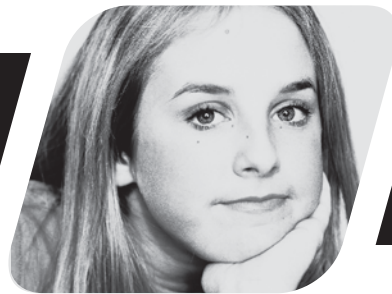
Barrett Family Foundation
Curtis L. Carlson Family Foundation
Fingerhut Family Foundation
GEN Financial Management, Inc
James R. Thorpe Foundation
Lake Minnetonka Orthodontics
Larkin Hoffman Daly & Lindgren, LTD Foundation
Margaret A. Cargill Fund of the Minneapolis Found.
Medtronic YourCause, LLC
Messerli & Kramer Foundation
Otto Bremer Foundation
Owen Family Foundation
Park Nicollet Foundation
SALO, LLC
St. Louis Park Community Foundation
The Beverly Foundation
The Cliff Foundation
United Health Giving
Walmart

Faith & Civic

All Saints Lutheran
Eden Prairie Lioness
Glen Lake Elementary Sunshine Fund
Glen Lake Optimists Club
Grace Church
Hennepin Ave United Methodist Church
Minnetonka Rotary Club
Plymouth Lions
Shepherd of the Hills Lutheran Church
St. David's Episcopal Church
St. Luke Presbyterian Church
St. Philip the Deacon Lutheran Church
The Woman's Club Of St. Louis Park
United Methodist Women
Wayzata Community Church
Woman's Club Of Hopkins
BPO Elks Lodge 2221

In-Kind

Great Harvest, Hance Hardware, Driskill's
Brad Morton
Brewer, Dana
Brinkman, Delana
Byerly's, Cub Foods, Harvest of Minnesota
Curb-Crowser, Tracie
Eden Prairie High School Art Department
Granger, Greg
Hopkins High School Art Department
Griffith, James
Renfroe, Jeff
Lakewinds Co-Op, Lunds - Minnetonka
Midland, Linnea
Liquor Boy
Kihm, Lydia
Nolls, DeDe
Northlight Color
Perkins - Golden Valley & Perkins - Minnetonka
PROP Shop, Rainbow Foods, Reach and Restore
Sicora Buildres
Sonnek, Ron
Target - St. Louis Park
Teens Alone Board of Directors
TGI Fridays & Trader Joes



Financial Statement

TEENS ALONE, INC.
Statement of Activities
Years Ended June 30, 2015 and 2014

ASSETS:

Cash & Cash Equivalents
Cash - Board Designated for Retirement Plan
Promises to Give
Grants and Miscellaneous Receivables
Prepaid Expenses
Equipment, Net

TOTAL ASSESTS

LIABILITIES & NET ASSETS

LIABILITIES:

Accounts Payable
Accrued Expenses
Deferred Revenue
Retirement Plan Accrual

TOTAL LIABILITIES

NET ASSETS:

Unrestricted:

Undesignated
Board Designated for Retirement Plan
Total Unrestricted
Temporarily Restricted

TOTAL NET ASSESTS

TOTAL LIABILITIES & NET ASSETS

2015

\$ 246,815
65,466
—
49,309
4,393
3,106

\$369,089

\$ 15,713
28,461
7,649
65,426

\$117,249

\$ 186,374
65,466
251,840
—

\$251,840

\$369,089

2014

\$ 177,731
59,140
60,000
27,951
700
—

\$325,522

\$ 4,150
29,436
—
64,634

\$98,220

\$ 108,162
59,140
167,302
60,000

\$227,302

\$325,522



Support Teens Alone

We appreciate and accept donations. Here are a few examples of the life-altering effects your donations can accomplish:

- \$500 supports counseling to help two young people reunite with their families
- \$1000 provides the counseling needed to help keep five young people in school who were at risk of dropping out.
- \$1500 helps a case manager assist eight young people and their families access basic needs such as insurance, medical care and food.
- \$2000 provides counseling for nine young homeless people, helping them to find safe and reliable housing.

Mail your check to:

Teens Alone
1001 Highway 7, Room 237
Hopkins, MN 55305

Use your MasterCard, VISA, American Express or Discover Card and make a weekly, monthly or annual donation on-line at www.teensalone.org.

Please ask your employer if corporate match donations are available.

Support Teens Alone

You can help provide Teens Alone services by offering your financial support.

- Send a check directly to **Teens Alone, 1001 Highway 7, Room 237, Hopkins, MN 55305**
- Make a credit card donation via the website, www.teensalone.org

We are grateful for your support!

\$500 \$250 \$100 \$50 Other _____

Name: _____

Address: _____

City: State: Zip: _____

E-mail: _____

