



Dear Friends,

As the MoveFwd fiscal year comes to a close, I want to thank all of you who have, in some way, been connected to our work. It is my honor to work for youth and families who *move forward* despite the great challenges they face. It is also a privilege to work alongside a staff of eight of the most dedicated, kind, and skilled people I have ever known. Watching them build relationships, trust, and show up in real ways every day for the young people we serve is inspiring (and I don't use that word very often)!

Every year brings successes and challenges, and this one was no different. This year we received a generous grant from the Pohlad Family Foundation to prevent youth homelessness, started a job-readiness fund with the help of the Eden Prairie Community Foundation, kept our Drop-in Center open during the "polar vortex" to provide warmth and shelter to youth, sought out shelter for those sleeping in tents in the extreme heat of a 110 degree heat index, and so much more. At times, it feels like our community has experienced a lot of ups and downs, especially when we see those we care about struggling in extreme circumstances. One thing that has remained consistent is the support of our great community in making it possible for us to continue our vital work.

Here's just some of the MoveFwd impact this year:

- 400 individuals received MoveFwd services
- 200 visits to our Drop in Center
- 77 youth attended support groups
- 249 participated in individual therapy sessions
- 45 families participated in therapy together
- 109 youth received housing support to end homelessness
- 40 youth received rent support to prevent homelessness
- 16 young adults who were experiencing homelessness were housed in MoveFwd Housing

Thank you for your trust and partnership. Sincerely,

Sarah Granger
Executive Director



How and why did you first get involved with MoveFwd?

I was asked to consider joining the MoveFwd Board of Directors by my colleague, Jan Evans, who is a former board member. She introduced me to the previous executive director and within 10 minutes of our first conversation, I knew I wanted to be a part of the organization.

I have always had a soft spot for youth, and particularly the youth we serve because I was homeless at one point as a youth. I remember during that time in my life feeling like I was at a crossroads. When you are in that difficult position, it is so incredibly easy to fall into despair. That's why MoveFwd is so important to me. MoveFwd doesn't just provide housing support. MoveFwd also provides the critical mental health support necessary to help young adults with the trauma associated with housing insecurity.

What sets MoveFwd apart from other nonprofits in the Twin Cities / Metro area?

The staff at MoveFwd makes it special. Every single one of them is amazing. Sarah, our executive director, has invested her entire heart and soul into the organization and it is clear she would do anything for the youth we serve. Her background in mental health also provides equips her with a unique lens and skillset.

How would you describe the board of directors and their level of engagement?

Our board is incredibly engaged. There is diversity of opinions and backgrounds, which leads to better decision making and outcomes. It is important to us that our board reflects the community and reflects the clients and youth we serve.

Where do you see MoveFwd in the future?

There are many possibilities. I see MoveFwd expanding its reach and scope through partnerships with like-minded groups in the area. I predict that our housing program will also expand. Right now we are in an exciting development phase that involves piloting and testing some unique programs, for example, the work we are doing with Pohlad. These programs are really going to set the foundation for what MoveFwd can do in the future. It has also been really exciting to see other groups notice the work we are doing. There has been increased outreach from the community to partner on a number of items and I think that will continue into the future as we continue the work we are so passionate about.



PROGRAM OF SERVICES

Upstream Project is a new initiative funded by the Pohlad Family Foundation that is focused on preventing the experience for homelessness for youth and families. Through intensive community engagement, partnerships with other service providers, and Hopkins Public Schools, the hope is to make sure we are helping sooner with things like financial stress, employment, transportation, etc. All things that we all need to live stable, comfortable lives. This is a two year pilot program that is utilizing a model created in Australia that has been shown to be very effective in reducing homelessness and early school leaving for young people.

Hopkins Wellness Initiative is another new pilot program that MoveFwd is involved with. These are opportunities during and after school that focus on student wellness. The role of MoveFwd Therapists is to provide mental health support and education both in group settings and with individual therapy. While we have been partnering with Hopkins to provide in school mental health services for over 20 years, we are excited to be part of a plan that engages more of the student body and focuses on overall wellness, instead of only when things are not going well and we receive a referral.

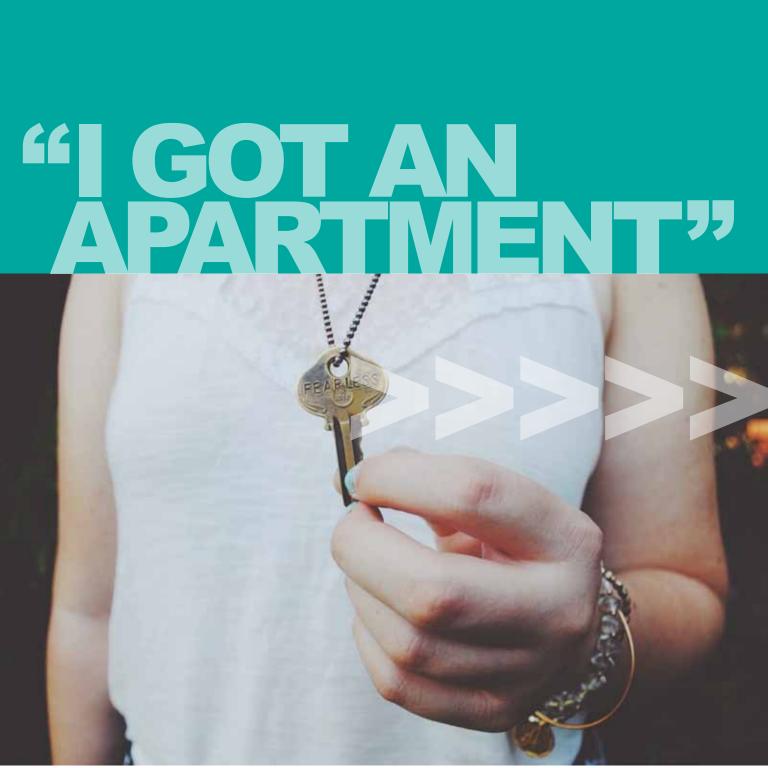
COUNSELING Masters-level counselors work with youth and young adults to help them solve problems, whether they are caused by family issues, chemical use, abusive relationships, neglect, depression, anxiety or stress. Counseling services at MoveFwd are free and confidential, plus clients don't need insurance or a referral.

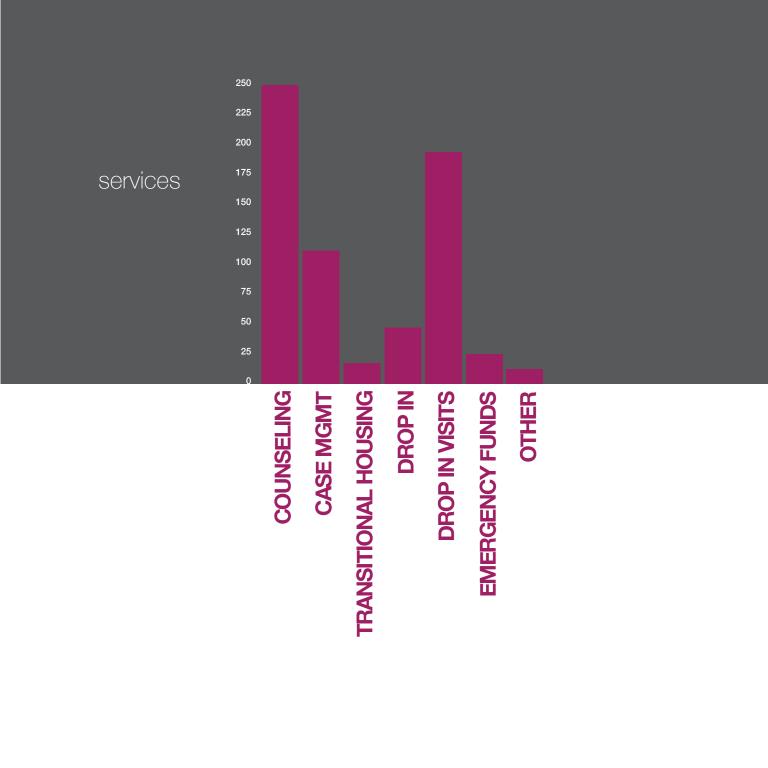
CASE MANAGEMENT MoveFwd Therapists try to reunite families. When that's not a safe option, case managers will help find safe and stable places for clients to live. Some options for alternative housing may be: extended family, friends, homeless shelter, foster care or housing programs designed for specific age groups. Our staff know young peoples' feelings and opinions matter, so they listen to and work with young people to find the best option to keep them safely housed.

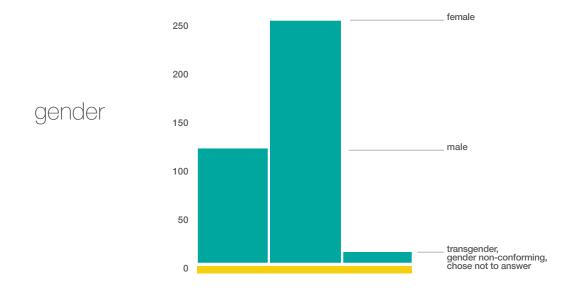
TRANSITIONAL HOUSING Having a stable place to live is the foundation for success in every area of a young person's life. MoveFwd's transitional housing program gives previously homeless young adults a chance to breathe, create goals that are meaningful to them and receive the support they need to achieve those goals. Young adults (18-24) receive a weekly visit from a case manager to work on budgeting, education, employment and independent living skills and rental assistance for 24 months. There are monthly groups provided at MoveFwd where they support each other through the ups and downs of exiting homelessness and becoming more self-sufficient.

DROP-IN Young people can find an inviting place in the MoveFwd Drop-in center. It's located in our space at the Eisenhower Community Center in Hopkins. There are no appointments necessary. Case managers and volunteers help participants with food, housing, personal hygiene products and advice on a number of topics such as how to get a state ID, birth certicate, etc. It's a safe and supportive place where participants can get something to eat every day and someone who will listen.

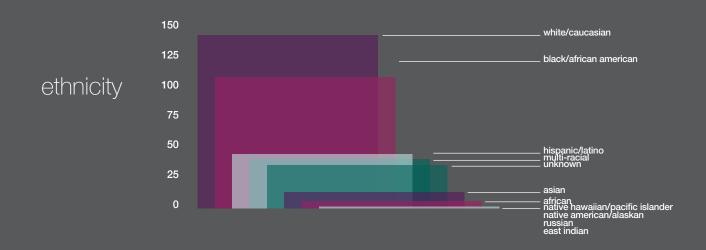
OUTREACH There are some young people who will never come through our doors, due to transportation barriers, life circumstances, or negative experiences with service providers in the past. Because of this fact, we are committed to spending time outside of our walls going to places where young people are and bringing the services we offer to them. MoveFwd case managers are co-located at 7 different community sites in the west metro and partner with other homeless youth agencies to do street outreach ships every week. No young person in our community should go without what they need and street and community outreach is one way to ensure that doesn't happen.



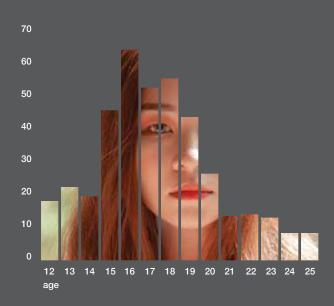


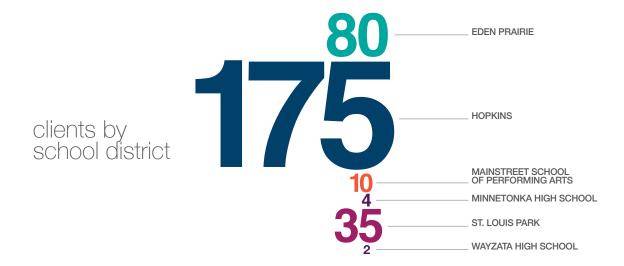


YOUTH DEMOGRAPHIC



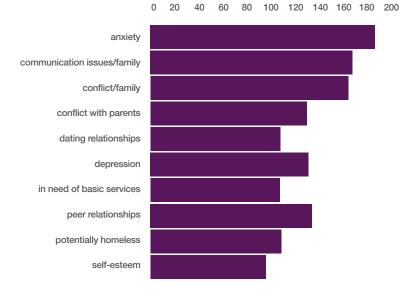






presenting concerns

*total youth reported



"ISTAYED IN SCHOOL"



\$500+ Amy's Cupcake Shoppe Annette Matzen Anonymous Barrett Family Foundation Beim Foundation Bernadette Thomson **Bobbi & Todd Pointer** Brewer Charitable Fund City of Eden Prairie City of Minnetonka City of Plymouth City of St. Louis Park Curtis L. Carlson Family Foundation Dvlan Niska Eden Prairie Lioness Eden Prairie Schools Community Education Edina Realty City of Lakes Excelsior United Methodist Church Gary & Nancy Renneke Gethsemane Lutheran Church Gigi Wagner Göld Nugget Tavern & Grille Greg & Janet Hermann Heather Frary Carlson Hennepin County Human Services Hennepin South Services Collaborative Hopkins Schools Comm Ed Hopkins Youth Hockey Association James Kóch James R. Thorpe Foundation Jan Jodock Jason & Nicole Goeraes Jean & Jim Hartman` Jeff & Holly Parker Jerad Justesen Julie Buske K. Scott and Mary Ann Portnoy Family Fund of The Minneapolis Foundation Karen Neiss Kathy & Bruce Bowman Ken & Maggie Corens Larkin Hoffman Daly & Lindgren, LTD Foundation Laura Fiedler Lisa Weisman Lisa Walker LTD Brewing, LLC Lydia Kihm Matt & Suzanne Woods Michael Walstrom & Kerrie Blevins Mikiesha Mayes Minnetonka Rotary Club MN Department of Human Services MN Office of Justice Programs Owen Family Foundation

Peg & Kevin Keenan

Plymouth Lions

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Al & Nancy Holmbeck Aldersgate United Methodist Church Ann & Dale Woodbeck Billee Kraut & Butch Johnson **Brigid Austin** Catherine Kinzler Cheryl Jones Cheryl Schmidt Clarice Jorenby Cory Zanin & Tom Buchberger Dale Huberty

David & Rhóda Michaelynn Diana Coggin Douglas & Jennifer Brown Eric & Amanda Dwinell Jacqueline Radde Jamie Johnson Jane Kleinman Jim & Linda Medema Jodene Riha John & Jackie Schweers

John & Jennifer Urbanski Judy Gaviser Julié Wachowski & Rob Eakins

Kari Wehrmann

Kathv Link

Lance & Maren Osterkamp Laura & Mark Capaldini Laurie Churchill Lawrence & Marie Nutter Linda & Steven Sandvia Lucille Goodwyne Marti & Jim Justus Mary Ofstie Mary Pease Mary Tomback Matt & Stefani Barnes Melissa White Mike & Jan Emerson Nancy Mannion Nathan Johnson Patricia Weller Patti & Steve Cwodzinski Robyne Frober Ronald Usem Sally Monson Schatz Real Estate Group Susan & Bill Phillips Susan & James Rowan Tara & Jay Jensen Teresa Larson Teresa Shaughnessy Teresa VanBatavia The Woman's Club of St. Louis Park Theresa Foster Thomas & Marla Nelson

Union Congregational United Church of Christ William Weisert

Tom & Sue Hennessy

UP TO \$101-\$199

Amanda Reineck Becky Allen Becky & Tom Lennon Bonnie Black Carolyn Henning Catherine Breyer Charles Firth Charles Schlegel Chervl Warzeha Cindy & John Joyce David & Sharon Reier David Hicks Denise Batson Denise Eng Geraldine Beckmann Hopkins Woman's Club Jacque & Ron Frazzini Jeanne Fimmen Joanna Mitchell Jodie Flolid Joe Rethmeier Julie Walthour Justina Miller Karen Whalen-Marx Karla Anderson Kathryn Palmer Keith & Eileen Hammerbeck Kowalski's Kristine Mvers Laurel Johns Megan & Tyler Budke Mike Sullivan

Minnetonka Explorers Club Nik Lightfoot Rachel Norman Ryan & Jean Tiffany Shanna Jadwin Susan Nixon

Alan & Susan Sadowsky

Alice Hinnenkamp

UP TO \$100 Abigail Bracke Adam Demers

Allegra Smisek Allen & Leona Gerber Allison Buttress Ameriprise Financial, Inc. Amy & Chris Nylander Amy Ferrell Amy Hunt Amy Kodet Amy Parnell-Iverslie Amy Sorensen Andrea & Ben Knoll Angie Roesner Ann & Mike Brilley Ann Gaasch Ann Salzer Anna Dieter Anna Lovas Annie Doughty Arby's - Plymouth, MN Arden Lovagnini Barb & Jim Gabbert Barb Howard Barb Mechura Barbara & David Halsey Barbara & Fred Pollman Barbara Janssen Becky Herrera Beth Benezra Beth Greeninger Betty Fritz Beverly Gillen Bonnié Carlson-Green Bradley Olson Bruce & Mary Jo Martin Carl & Emilie Lottman Carmel Larson Carole & Jim Meidinger Carolyn George Carrié Gerard Carrie Johnson Catherine Baldwin Cathy Macdonald Cecy Faster Chad Flies Chantele Burgess Cheryl Tomczyk Chris Bisanz Chris Glisczinski & Steve Pohlen Christine Lentz Christopher King Colleen Keller Colleen Simcoe Collin & Kim Bender Connie Sexton

Constance Bell

Dan & Hillary Feder

Dana Baker Darlene Lines Darrell Schmidt & Julie Mall Dave & Kristy Hesser David & Carol Nordli David Muscoplat Dawn Duwenhoegger Deanne DenHartog Deb Loon & Jon Stumbras Debra Bierke Debra Cree Debra Herman Divine Arpellet Donna Brezinka Doreen Carlson **Dunnewind Family Fund** Eileen Egge Elisa Dorfman Elizabeth Davis Elizabeth Holland Emily Haugh Eric & Gina Carlson Erik & Alison Anderson Evelyn & Dick Headen Fox & Kim Erickson Gay Ludvig Gayle Boje Grace Malilay Greg & Heather Olson Gretchen Evans Hannah Swaden Holly Wick & Chuck Bower Jacqueline Steffel Jane Hudacek Janet Nilles

Jason & Sara Dockter Jean Miller Jeanne Guignon Jeff & Christiann Walton Jeff Matchette Jennifer Bowers Jennifer Silverberg Jeremy Reichel Jerry & Amy Crary Jessica Sybrant Jessica Wisdom Jill & Jonathan Eisenberg Jill & Rob Bloedorn Jim Scheuer Jo Ann Will Joan & Michael Opitz Joan McNutt Jody De St Hubert Jon'& Ann Wengronowitz Jon & Hannah Kamran Joyce Fiedler Julie Kaplan Karen Kind Karen Lovd Karen Terhaar Kari & Dave Augdahl Kari & Robert McSherry Kari Feia Kate & Scott Carlson Kate Linge Roed Kate McKane Katherine Humphrey

Katherine Kirlev Kathryn Richev Kathy Schoen Katie Stennes Katie Williams Kav McCarthy Kay Wall Kellev Jaszewski Kenneth Woodard Keri Clifton & Nick Johnson Kerry Noves Kevin & Mary Gustafson Kevin & Lisa Wormuth Kim & Larry Stephan Kim & Steve Griffiths Kimberly Rossow Kristen & Darin Nelson Kristi & Matt Wright Kristin Byrlev Kristin Lée Laura Grant Laura Pederson Laurie Churchill Laurie Gethin Laurie Lindauist Leisha Tays Lenore Drvke Lesley Hendricks Libby Johnson Linda Bredeson Linda Fortin Linda Gibbons Lisa & Tom Reinhardt Lisa Paulson Lisa Roe Lisa Tillman Liz & Gary Swedberg Liz & Tim Kinnev Liz Heuser Lori & Andrew Rilev Lori Lorenz Luanne Strona Malalai Khattak Marc Wegner Marcia Thoen Mark & Laurie Pitsenbarger Mark Hendrickson Mark Stadem & Patricia Johnson Stadem Marlene Schleske Martha Roberts & Stuart Webb Mary Bunnell Mary & Bill Steinbicker Mary & Joe Faltesek Mary Amsden Mary & Tom Legeros Mary Andert Mary Campbell Mary Hromatka Mary Loberg Mary Polzin Mary Slobig Matť & Kim Walzer Melissa Brooks Michael & Delana Brinkman Michele Barlau Missy Sweet

Molly & Jeff Hill

Molly & Joe Christensen Monica Grubb Nancy Anderson Nancý Vogt Natalia Costa-Roberts Neil Trevethan Nicole Lysaght Nicole Mittelstaedt Pamela Thuleen Parker Gendler Patricia Anderson Patricia Brennan Patricia O'Reilly Patricia Peterson Patricia Stacken Paul & Jennifer St Clair Paul Domer Paul Olson & Laura Dockery Paul Spreitzer Paula Legand Paula Spiteri Penny Blankenship Rachel Schmidt Rachel Thibault Ramona Beard Randy & Kimberlev Thompson Randy & Kathleen Miller Rebecca Jensen Rebecca O'Toole Rebekah & J Forrest Regina Johnson Reidar Soderholm Rich Clark Rick & Cory Curb Robert Estrine Roger & Mary Helgeson Ron & Jennifer Jones Rosalie Keller Ruth Coppock Rx Artisans Sally Ray Sandra Jambeck Sarah Chamberlain Sarah Coffey Sarah Gohman Sarah Granger Sarah Sandon Schmitt Music Scott & Angie Endo Scott Neiman Seth Brown Sharon Anderson Sheila Nichols Shelley & David Burton Shelly Nelson Sherri Strelow-Lundblad Stacy Lasser Stephanie Allen Steve & Paula Purdy Ostrom Steven & Michelle Rasmussen Steven Adams Steven Brothers Steven Hanovich & Melissa Mark Sue Kim

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IN-KIND

Aldersaate United Methodist Church Andrew & Erin Spero Becky Hart & Trevor Fladwood Billie Emory Bobbi & Todd Pointer Carri Becker Chantele Burgess David Rynders Debbie Gorstavn Debra Herman Friends of the Eden Prairie Library Genna Torney Grace Malilav Greg & Janet Hermann Hopkins School District Joan Avd Judith Kanow Karen Waters Kelly Robbins Krista & David Anderson Laura & Mark Capaldini Minnetonka Explorers Club Paula Evanich Schmitt Music Shepherd of the Hills Church Suzanne Claywell



Because of you...

Young people don't have to do it alone. Whatever it may be...homelessness, struggles with their mental health, graduating high school. etc. MoveFwd staff meet with youth every day who are achieving the impossible—despite having experienced the unimaginable. Your gift, whether \$5 or \$5,000, made an impact on the lives of more than 400 youth last year.

Thank you for investing in the lives of young people in your community.

STATEMENT OF FINANCIAL POSITION JUNE 30, 2018 AND 2017

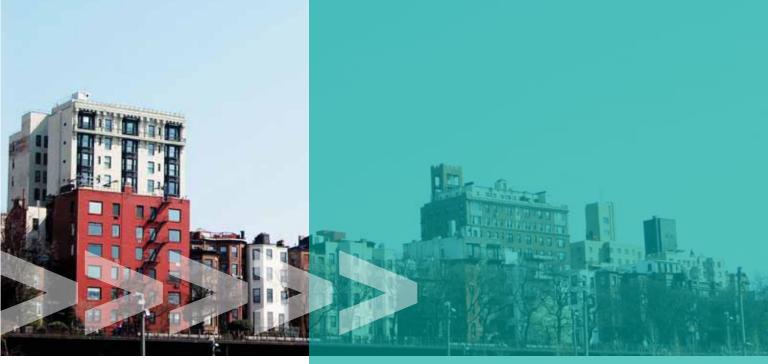
	2018	2017
UNRESTRICTED REVENUES AND OTHER SUPPORT		
Grants and Contributions	\$316,136	\$258,688
Government grants and contracts	\$248,971	\$271,868
Interest and Miscellaneous income	\$6,913	\$10,965
Net Assets Released from Restrictions	\$35,917	<u>\$35,666</u>
TOTAL UNRESTRICTED REVENUES	\$607,937	<u>\$577,187</u>
EXPENSES		
Program Services	\$473,050	\$582,765
Management & General Operating	\$51,681	\$54,849
Fundraising	\$23,173	\$51,450
TOTAL EXPENSES	\$547,904	\$689,064
NET ASSETS AT BEGINNING OF YEAR	\$166,512	\$278,389
NET ASSETS AT END OF YEAR	<u>\$226,545</u>	<u>\$166,512</u>

2018 PROFIT AND LOSS | JULY 2017 – JUNE 2018

Income		TOTAL
	\$	TOTAL 228,990.84
401 Firms and Organizations 402 Individuals & Families	Ф	85,469.73
403 Fundraising Benefit		1,675.68
404 Hennepin County		42,198.95
405 LCTS		15,000.00
406 City Governments		20,000.00
407 School Districts Community Ed		14,000.00
408 In-Kind District 270		-1,394.92
410 Interest/Credit Card Rewards		1,241.23
411 State of MN		94,297.76
411YIP Grant		43,132.42
414 Miscellaneous Income		149.62
420 StreetWorks	_	20,341.83
Total Income	<u>\$</u> \$	565,103.14
Gross Profit	\$	565,103.14
Expenses		
4169 Investment Fee	\$	959.00
700 Payroll		306,145.38
701 Payroll Taxes		29,255.92
702 Benefits		49,011.59
704 Professional Development		993.97
706 Special Projects		15,000.00
707 Dues & User Fees		14,732.86
708 Meeting Expense/Rm Rental		919.75
709 Travel		4,737.64
710 Audit, Accounting & Legal Fees		7,150.00
711 Advertising & PR		40.00
712 Postage		1,710.90
713 Printing		1,368.08
714 Insurance		9,779.41
715 Office & Computer Supplies		2,993.10
713 Office & Computer Supplies 717 Phones & Internet		
710 TLD Dontol Assistance		6,665.65
718 TLP Rental Assistance		23,578.91
718HC Henn County Em. Rent		1,600.00
719 Equipment Leasing		2,192.21
720 Miscellaneous		2,259.20
722 Youth Engagement		107.31
723 Bank Charges		539.41
724 ED Retirement Contribution (deleted)		695.25
725 Grant Writer		14,635.00
728 Recruitment		364.15
729 Program Expenses		4,406.57
730 Technical Support		3,776.07
732 Client Expenses		1,793.99
733 Online/CC Gifts Processing		12.95
745 Fundraising Events		309.68
751 In-Kind Office Space		34,522.08
8400 Depreciation & amortization exp		5,212.91
Total Expenses	\$ \$	547,468.94
Net Operating Income	\$	17,634.20
Other Income		
417 Unrealized Gain (Loss)	\$	3,502.62
418 Unrealized Gain (Loss) STAR		1,412.68
419 Interest Index Fund		1,206.93
419a Interest STAR		358.00
Total Other Income	\$	6.480.23
Net Other Income	\$	6,480.23
Net Income	\$	24.114.43
	ų.	21,111110

2018 FUNCTIONAL EXPENSE ALLOCATION

	TOTAL	PROGRAM	ADMIN	FUNDRAISING
Salaries, taxes and benefits	\$384,412.89	\$344,747.80	\$33,831.99	\$5,833.10
Contract services	\$44,867.62	\$28,254.29	\$887.77	\$15,725.56
In-kind occupancy	\$34,522.08	\$30,959.97	\$3,038.27	\$523.84
Dues and memberships	\$14,732.86	\$11,731.13	\$2,803.24	\$198.49
Insurance	\$11,504.41	\$10,317.34	\$1,012.50	\$174.57
Office supplies	\$2,993.10	\$2,684.26	\$263.42	\$45.42
Printing	\$1,368.08	\$1,226.92	\$120.40	\$20.76
Postage	\$1,710.90	\$1,534.36	\$150.58	\$25.96
Professional services	\$7,150.00	-	\$7,150.00	-
Rent assistance	\$23,578.91	\$23,578.91	-	-
Telephone	\$6,665.65	\$5,977.86	\$586.64	\$101.14
Travel	\$4,737.64	\$4,248.79	\$416.96	\$71.89
Miscellaneous	\$4,375.24	\$3,186.56	\$836.85	\$351.83
Depreciation	\$5,212.64	\$4,674.78	\$458.76	\$79.10
TOTAL	\$547,832.02	\$473,122.98	\$51,557.37	\$23,151.67
PERCENTAGE	\$5 11,00E.0E	86%	9%	4%
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MoveFwd Board of Directors

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Janet Hermann, Treasurer United Health Group

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Annie Paul United Health Group

Joel Feder Internet Brands

Heather Frary Hopkins School District

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Jon Dehne Leanup, LLC

Jerad Justesen Ladder of America

Jeffrey Parker Retired, Cargill