



Young people
don't have
to do it alone.

**You can
help us
keep them
safe.**

MoveFwd

(FORMERLY TEENS ALONE)

At MoveFwd, we know that

asking for help is a tough step

for young people and their families.

Our programs remove barriers.

We offer free, confidential counseling without judgment.

When young people and their parents call MoveFwd, a counselor will call back the next business day.

Young people can also visit our Drop-in Center to connect with MoveFwd resources.

When living on their own is the only option, MoveFwd case managers help youth 18 and older navigate early independence.

We respect all young people, their families, their situations and their feelings.

Youth homelessness is a growing problem in our suburbs. Please help us keep them safely housed and in school.

**MoveFwd serves teens and young adults ages 12-24.
Learn more and donate at movefwdmn.org**



MoveFwd (FORMERLY TEENS ALONE)
Eisenhower Community Center
1001 Highway 7, Room 237
Hopkins, 55305

(952) 988-TEEN (8336)